

# SEPTEMBER 2024

[SANDS]

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

Monday

Tuesday

Wednesday

Thursday

Friday



Stuffed Bagel, Fruit, Fruit Juice, Milk\*\* 3

Sausage Kolache, Cheese Stick, Fruit, Fruit Juice, Milk\*\* 4

Muffin, Yogurt, Fruit, Fruit Juice, Milk\*\* 5

Sausage Croissant, Fruit, Fruit Juice, Milk\*\* 6

Boneless Wings, Chips, Celery Sticks, Baby Carrots, Mixed Fruit, Sherbet, Milk Variety

Steak Fingers, Gravy, Roll, Savory Green Beans, Seasoned Corn, Diced Peaches, Milk Variety

Breaded Drumstick, Cornbread, Garden Salad, Tiny Tomato Cup, Orange Smiles, Milk Variety

Breaded Mozzarella Sticks, Steamed Broccoli, Marinara Sauce, Apple Slices, Milk Variety

Breakfast Pizza or Cereal, Fruit, Fruit Juice, Milk\*\* 9

Dutch Waffle, Sausage, Fruit, Fruit Juice, Milk\*\* 10

Pancake Wrap, Yogurt, Fruit, Fruit Juice, Milk\*\* 11

Early Bird Sandwich, Fruit, Fruit Juice, Milk\*\* 12

Cinnamon Roll, Sausage, or Parfait, Fruit, Fruit Juice, Milk\*\* 13

Corn Dog, Oven Fries, Tomato Cup, Grapes, Milk Variety

Nacho Grande, Salsa, Refried Beans, Sliced Cucumbers, Diced Pears, Milk Variety

Asian Bowl, Egg Roll, Fresh Broccoli, Seasoned Corn, Mandarin Oranges, Milk Variety

Pizza Choice, Baby Carrots, Savory Green Beans, Mixed Fruit, Cookie, Milk Variety

Chicken Sandwich, Fresh Veggie Cup, Garden Salad, Apple Slices, Ice Cream, Milk Variety

Waffles, Bacon, or Cereal, Fruit, Fruit Juice, Milk\*\* 16

Breakfast Sandwich, Fruit, Fruit Juice, Milk\*\* 17

Breakfast Combo: (Eggs, Potatoes, Biscuit) Fruit, Fruit Juice, Milk\*\* 18

Breakfast Sandwich, Fruit, Fruit Juice, Milk\*\* 19

Donuts, Sausage, or Parfait, Fruit, Fruit Juice, Milk\*\* 20

Burger Choice, Oven Fries, Garden Salad, Chilled Pineapples, Sherbet, Milk Variety

Tex-Mex Stack, Refried Beans, Baby Carrots, Salsa, Diced Peaches, Milk Variety

Hot Dog, Tater Tots, Tomato Cup, Apple Slices, Cookie, Milk Variety

Popcorn Chicken, Roll, Seasoned Corn, Sliced Cucumbers, Grapes, Milk Variety

Meatball Sub Sandwich, Crunchy Broccoli Salad, Savory Green Beans, Orange Smiles, Milk Variety

Sausage Kolache, Yogurt, Fruit, Fruit Juice, Milk\*\* 23

French Toast, Sausage, Fruit, Fruit Juice, Milk\*\* 24

Sausage Biscuit, Fruit, Fruit Juice, Milk\*\* 25

Breakfast Pizza, Fruit, Fruit Juice, Milk\*\* 26

Pancake Wrap, Yogurt, or Parfait, Fruit, Fruit Juice, Milk\*\* 27

Grilled Cheese, Fresh Veggie Cup, Oven Fries, Diced Peaches, Milk\*\*

Meat & Cheese Chalupas, Refried Beans, Seasoned Corn, Salsa, Strawberries, Milk Variety

Chicken Nuggets, Mac & Cheese, Sliced Carrots, Steamed Squash, Mandarin Oranges, Milk Variety

Texas Basket, Roll, Seasoned Corn, Sliced Cucumbers, Rosy Applesauce, Milk Variety

Breaded Mozzarella Sticks, Marinara Sauce, Tiny Tomato Cup, Garden Salad, Diced Pears, Milk Variety

Stuffed Bagel, Cheese Stick, Fruit, Fruit Juice, Milk\*\* 30

Breaded Drumstick, Cornbread, Garden Salad, Tomato Cup, Mixed Fruit, Milk Variety



## ADDITIONAL INFORMATION:

No School September 2, 2024